

1st SEPTEMBER 1968



AIR MAIL

REVISED POSTAGE RATES EFFECTIVE FROM 16th SEPTEMBER

Various new overseas postage rates come into effect on 16th September. Some affect surface services only but, for convenience, all changes are set out below.

1. SURFACE MAIL ONLY

Commonwealth letters	1st oz.	5d.
								each addl oz.	2d.
Postcards, to all countries single	5d.
								reply-paid	10d.
Printed Papers, reduced rate	1st 2 oz.	2d.
<i>(certain categories of printed papers only)</i>								next 2 oz.	1d.
								each addl 4 oz.	3d.

2. AIR AND SURFACE MAIL

Insurance and registration fees are unchanged but compensation payable will be increased.

Customs clearance fee letters	1s. 9d.
								parcels	2s. 9d.

3. H.M. FORCES OVERSEAS

There are various consequential changes. Details at any Post Office.

4. OTHER CHANGES

International Reply Coupons

Purchase price	1s. 3d.
Exchange value of IRCs from abroad	<i>(unchanged)</i>	9d.

Commonwealth Reply Coupons

Purchase price	7d.
Exchange value of CRCs from abroad	5d.

NOTE

Apart from these changes in postal charges on 16th September, there will be no other alterations in the overseas postal services. Full details of overseas postage rates will be shown in a leaflet PL286 which will be available in Post Offices shortly.

Air Letters: Air Letter forms postage 9d. may be sent to all countries. Enclosures are not permitted. You may get the special forms at post offices or use privately manufactured forms which bear a statement that they have been approved by the Postmaster-General, with the approval number. Unapproved forms will be treated as ordinary air mail letters.

Literature for the Blind may go by air mail to all countries at 3d. for each 2 oz.

H.M. Forces: Special air mail rates—particulars in leaflet (PL89) obtainable at post offices—apply to correspondence for H.M. forces. Air parcels may be sent to the Army or the Royal Air Force. There is no air parcel service to Naval personnel except where the authorised address includes a geographical place name or the indicator *British Forces Post Office* followed by a number. For rates to British Forces Post Office addresses see the **Post Office Guide** or ask at a post office.

SURCHARGE AIR MAIL SERVICES TO COUNTRIES OUTSIDE EUROPE

Air Letters to all these countries 9d. (see page 1)

Insured services available Letters L Boxes B Parcels P	Letters per 1-oz. or part thereof	Post-cards	Printed papers, Samples, Small packets per 4-oz. (newspaper rates in brackets)		Phono post per 1-oz. or part thereof	Air Parcels per 4-lb. or part thereof	To	Times of posting at the boxes in the front of King Edward Building, King Edward Street, E.C.1 (see also page 1), and approximate times of transit to principal cities.							Days
			s.	d.				Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
LP	1 0	6	6	(3)	8	5 0	ABU DHABI ...	3.30 am	2.0 pm	7.30 am	7.30 am	6.0 am	6.0 am	2.0 pm	1-2
	1 6	9	7	(4)	8	7 6	AFGHANISTAN ...	3.30 am	...	6.0 am	7.30 am	...	7.30 am	7.30 am	2-3
LB	1 0	6	6	(3)	8	3 6	ALGERIA ...	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	1-2
LBP	1 6	9	7	(4)	8	6 6	ANTIGUA ...	3.30 am	7.30 am	7.30 am	7.30 am	...	6.0 am	7.30 am	2-3
LBP	1 6	9	7	(4)	8	10 0	ARGENTINA ...	12.30 pm	11.0 am	2.0 pm	3.30 pm	3.30 pm	3.30 pm	3.30 pm	1-2
P	1 9	10	8	(5)	9	12 0	ASCENSION ...	As for Antigua							Variable
							AUSTRALIA ...								
							New South Wales, Canberra & South Australia	12.30 pm	12.15 pm	2.0 pm	12.15 pm	12.15 pm	12.15 pm	2.0 pm	2-5
							Northern Territory ...	12.30 pm	12.15 pm	12.15 pm	12.15 pm	12.15 pm	12.15 pm	12.15 pm	
							Queensland ...	12.30 pm	2.0 pm	12.15 pm	12.15 pm	12.15 pm	12.15 pm	2.0 pm	
							Victoria and Tasmania	12.30 pm	12.15 pm	2.0 pm	12.15 pm	12.15 pm	12.15 pm	2.0 pm	
							Western Australia ...	12.30 pm	12.15 pm	2.0 pm	12.15 pm	2.0 pm	12.15 pm	12.15 pm	
LP	Letter rates as for Europe (see page 6)					3 6	AZORES ...	3.30 pm	6.0 am	7.0 pm	...	7.0 pm	1-2
P	1 6	9	7	(4)	8	6 0	BAHAMAS ...								
							Freeport	12.30 pm	9.0 am	12.15 pm	9.0 am	12.15 pm	9.0 am	6.0 am	1-2
							Nassau	3.30 am	9.0 am	12.15 pm	6.0 pm	12.15 pm	9.0 am	6.0 am	
LP	1 0	6	6	(3)	8	5 0	BAHRAIN ...	3.30 am	2.0 pm	2.0 pm	2.0 pm	2.0 pm	2.0 pm	2.0 pm	1-2
P	1 6	9	7	(4)	8	7 0	BARBADOS ...	3.30 am	7.30 am	7.30 am	7.30 am	6.0 am	7.30 am	7.30 am	2-3
LBP	1 6	9	7	(4)	8	5 0	BERMUDA ...	12.30 pm	7.30 am	7.30 am	7.30 am	...	7.30 am	7.30 am	2
	1 6	9	7	(4)	8	6 6	BHUTAN ...	As for India, Calcutta							4-8*
	1 6	9	7	(4)	8	8 6	BOLIVIA ...	9.0 am	...	9.0 am	...	9.0 am	...	9.0 am	2-3
	1 6	9	7	(4)	8	7 6	BOTSWANA ...	As for South Africa							
	1 6	9	7	(4)	8	8 0	BRAZIL ...								
							Recife	12.30 pm	11.0 am	2.0 pm	3.30 pm	11.0 am	3.30 pm	3.30 pm	1-3
							Rio de Janeiro	12.30 pm	11.0 am	2.0 pm	3.30 pm	3.30 pm	3.30 pm	3.30 pm	1-2
							Sao Paulo	12.30 pm	11.0 am	2.0 pm	3.30 pm	3.30 pm	3.30 pm	3.30 pm	1-3
P	1 6	9	7	(4)	8	6 6	BRITISH HONDURAS	3.30 am	...	6.0 am	...	6.0 am	...	6.0 am	2-3
P	1 6	9	7	(4)	8	9 6	BRUNEI	12.15 pm	2.0 pm	5.30 pm	12.15 pm	6.0 pm	2.0 pm	3-5
LBP	1 6	9	7	(4)	8	7 6	BURMA ...	12.30 pm	7.30 am	7.30 am	7.30 am	12.15 pm	12.15 pm	...	1-2
LBP	1 6	9	7	(4)	8	6 0	BURUNDI ...	12.30 pm	3.30 pm	10.0 am	2.0 pm	...	1-2
	1 6	9	7	(4)	8	8 0	CAMBODIA	7.30 am	...	7.30 am	2.0 pm	2-4
	1 6	9	7	(4)	8	5 6	CAMEROON, East ...	3.30 am	...	3.30 am	4.30 pm	2.0 pm	3.30 am	4.30 pm	1-2
	1 6	9	7	(4)	8	5 6	CAMEROON, West ...	3.30 am	...	3.30 am	4.30 pm	2.0 pm	3.30 am	4.30 pm	1-2
							† CANADA								
P	1 6	9	7	(4)	8	5 6	Newfoundland ...	3.30 am	7.30 am	7.30 am	7.30 am	6.0 am	7.30 am	7.30 am	1-3
P	1 6	9	7	(4)	8	6 0	Montreal & Ottawa ...	11.30 am	11.30 am	11.30 am	11.30 am	11.30 am	7.30 am	7.30 am	
P	1 6	9	7	(4)	8	6 0	Toronto ...	3.30 am	10.0 am	10.0 am	10.0 am	10.0 am	10.0 am	10.0 am	
P	1 6	9	7	(4)	8	6 0	Winnipeg ...	1.15 pm	6.0 am	12.15 pm	12.15 pm	2.0 pm	10.0 am	10.0 am	
P	1 6	9	7	(4)	8	6 0	Vancouver and Western Provinces ...	1.15 pm	9.0 am	2.0 pm	2.0 pm	3.30 pm	4.30 pm	9.0 am	
							† CANARY ISLANDS								
LP	As for Spain (see page 6)					4 6	Las Palmas ...	3.30 pm	6.0 am	6.0 am	6.0 am	4.30 pm	6.0 am	6.0 am	1
							Santa Cruz ...	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	5.0 am	
LP	Letter rates as for Europe (see page 6)					4 6	CAPE VERDE ISLANDS	...	11.0 am	...	11.0 am	1
	1 9	10	8	(5)	9	11 0	CAROLINE ISLANDS	As for USA, New York							5-11
	1 6	9	7	(4)	8	7 0	CAYMAN ISLANDS ...	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	3-5
	1 6	9	7	(4)	8	5 6	CENTRAL AFRICAN REPUBLIC ...	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	2-5
LBP	1 6	9	7	(4)	8	7 0	CEYLON ...	12.30 pm	...	3.30 pm	...	11.0 am	2.0 pm	6.0 am	2-3
	1 6	9	7	(4)	8	5 6	CHAD ...	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	2-5
LBP	1 6	9	7	(4)	8	10 0	CHILE ...	12.30 pm	11.0 am	11.0 am	3.30 pm	3.30 pm	7.0 pm	3.30 pm	1-2
	1 9	10	8	(5)	9	8 0	CHINA ...								
							Kwantung Province	As for Hong Kong							3-4
							Shanghai	...	5.0 am	...	6.0 am	...	6.0 am	...	2-3
							Peking and remainder	6.0 am	...	6.0 am	...		
P	1 6	9	7	(4)	8	12 0	CHRISTMAS ISLAND	As for Western Australia							Variable
P	1 6	9	7	(4)	8	9 0	COCOS (Keeling) IS.	As for Western Australia							5-20
	1 6	9	7	(4)	8	8 0	COLOMBIA ...	3.30 am	6.0 pm	2.0 pm	6.0 am	7.0 pm	7.30 am	2.0 pm	1-2
	1 6	9	7	(4)	8	8 0	COMORO ISLANDS ...	As for Malagasy Republic							3
	1 6	9	7	(4)	8	5 6	CONGO (Brazzaville)	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	2-5
	1 6	9	7	(4)	8	7 0	CONGO (Kinshasa) ...	12.30 pm	6.0 am	6.0 am	10.0 am	2.0 pm	1-2
							except								
	1 6	9	7	(4)	8	7 0	Katanga Province	...	6.0 am	6.0 am	10.0 am	2.0 pm	2-3
	1 6	9	7	(4)	8	7 0	COOK ISLANDS	See New Zealand Island Territories							2-4
	1 6	9	7	(4)	8	7 0	COSTA RICA ...	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	2-3
	1 6	9	7	(4)	8	7 0	CUBA	11.0 am	9.0 am	5.0 am	...	6.0 pm	...	2-3
P	1 0	6	6	(3)	7	4 6	CYPRUS ...	3.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	1-2
								...	7.0 pm	7.0 pm	7.0 pm	7.0 pm	7.0 pm	...	

† Air transmission to Recife, Rio de Janeiro, Sao Paulo only.

‡ Except Kazungula and Kasane—for rate see Zambia.

† Times of posting changed since previous issue.

* Air transmission to Calcutta only.

Insurance available Letters Boxes Parcels	Letters per 1-oz. or part thereof	Post cards	Printed paper, Samples, Small packets per 1-oz. (new paper rates in brackets)	Telephone		Air Parcels		To	Times of posting at the boxes in the front of King Edward Building, King Edward Street, E.C.1 (see also page 1), and approximate times of transit to principal cities								
				post per 1-oz. or part thereof	per 1-lb. or part thereof	Sun.	Mon.		Tues.	Wed.	Thurs.	Fri.	Sat.	Days			
P LP	1 6	9	7 (4)		8	6 0		DAHOMY	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	3-5	
	1 6	9	7 (4)		8	7 0		DOMINICA	3.30 am	7.30 am	7.30 am	7.30 am	6.0 am	7.30 am	2-3		
	1 6	9	7 (4)		7	7 0		DOMINICAN REP.	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	2-3		
	1 0	6	6 (3)		7	5 0		DUBAI	3.30 am	6.0 am	2.0 pm	6.0 am	2.0 pm	6.0 am	1-2		
P	1 6	9	7 (4)		8	8 6		ECUADOR	3.30 am	9.0 am	2.0 pm	9.0 am	7.0 pm	9.0 am	2.0 pm	1-2	
								EGYPT	See United Arab Republic								
	1 6	9	7 (4)		8	7 0		EL SALVADOR	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	2-5		
	1 0	6	6 (3)		7	6 0		ETHIOPIA	3.30 am	10.0 am	10.0 am	10.0 am	10.0 am	10.0 am	1-2		
LBP	1 6	9	7 (4)		8*	8 6		FALKLAND ISLANDS (inc. Dependencies)	(By sea from Montevideo)								
	1 9	10	8 (5)		9	12 0		FIJI	3.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	Variable 2-4	
P	1 6	9	7 (4)			6 6		FORMOSA	See Taiwan								
	1 6	9	7 (4)			6 6		FRENCH GUIANA	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	4-6	
	1 9	10	8 (5)		9	13 0		FRENCH POLYNESIA	As for Fiji								
	1 0	6	6 (3)		7	6 0		FRENCH TERRITORY OF THE AFARS & ISSAS (formerly French Somal Coast)			10.0 am	3.30 pm		10.0 am		1	
LBP	1 6	9	7 (4)			6 0		FRENCHWESTINDIES	3.30 am	7.30 am	7.30 am	7.30 am	6.0 am	6.0 am	7.30 am	3-4	
	1 6	9	7 (4)			5 6		GABON	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	2-5	
	1 6	9	7 (4)		8	5 0		GAMBIA	6.0 pm	9.0 am	7.0 pm		7.0 pm	3.30 pm		1-2	
	1 6	9	7 (4)		9	5 0		GHANA	6.0 pm	7.0 pm	7.0 pm	2.0 pm	7.0 pm	7.0 pm	7.0 pm	1-2	
LP	1 9	10	8 (5)		9	13 0		GILBERT & ELLICE IS.	As for Fiji								
	Letter rates as for Europe (see page 6)					5 0		GREENLAND	As for Denmark (see page 6)								
P	1 6	9	7 (4)		8	7 0		GRENADA	3.30 am		7.30 am	7.30 am		7.30 am	7.30 am	2-4	
	1 6	9	7 (4)		7	7 6		GUATEMALA	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	2-4	
LBP	1 6	9	7 (4)			5 0		GUINEA	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	3-6	
	1 6	9	7 (4)		8	7 0		GUYANA	3.30 am	7.30 am	7.30 am	7.30 am	6.0 am	7.30 am	7.30 am	1-2	
LBP	1 6	9	7 (4)		8	7 0		HAITI	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	2-3	
	1 6	9	7 (4)			7 0		HONDURAS (Rep. of)	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	2-4	
LBP	1 6	9	7 (4)		8	8 6		HONG KONG	12.30 pm	2.0 pm	12.15 pm	12.15 pm	12.15 pm	7.30 am	2.0 pm	1-2	
	1 6	9	7 (4)			7 0		INDIA	12.30 pm	2.0 pm	7.30 am	7.30 am	12.15 pm	7.30 am	3.30 pm	1-3	
							Delhi and North	3.30 am	12.15 pm	12.15 pm	12.15 pm	7.30 am	6.0 pm	12.15 pm			
							Calcutta and East	12.30 pm	6.0 am	7.30 am	6.0 am	6.0 am	6.0 am	3.30 pm			
							Bombay and West Madras and South	12.30 pm	6.0 am	7.30 am	6.0 am	1.15 pm	6.0 am	6.0 am			
P	1 6	9	7 (4)		8	9 6		INDONESIA	12.30 pm	12.15 pm	2.0 pm	7.30 am	2.0 pm	12.15 pm	6.0 am	2-3	
	1 0	6	6 (3)		7	4 6		IRAN (Persia)									
								Abadan & Khuzistan Province	12.30 pm	6.0 am	7.30 am	6.0 am	11.0 am	6.0 am	6.0 am	6.0 am	1-3
								Teheran and remainder	12.30 pm	12.15 pm	6.0 am	5.30 pm	11.0 am	6.0 pm	6.0 am	6.0 am	1-2
LBP	1 0	6	6 (3)		7	5 0		IRAQ	3.30 am	6.0 am	7.30 am	7.30 am	6.0 am	7.30 am	10.0 am	1-2	
	1 6	9	7 (4)		7	4 6		ISRAEL	3.30 am	12.15 pm	7.30 am	10.0 am	7.30 am	9.0 am	7.30 am	1-2	
LBP	1 6	9	7 (4)			5 6		IVORY COAST	12.30 pm	9.0 am	4.30 pm	6.0 am	3.30 am	9.0 am	2.0 pm	1-2	
	1 6	9	7 (4)			6 6		JAMAICA	3.30 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	9.0 am	1-2	
LBP	1 9	11	8 (5)		9	9 6		JAPAN	3.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	2-3	
	1 0	6	6 (3)		7	4 0		JORDAN	3.30 am	6.0 am	7.30 am	7.30 am	7.30 am	7.30 am	6.0 am	1-3	
LBP	1 6	9	7 (4)		8	6 0		KENYA	6.0 pm	4.30 pm	3.30 pm	6.0 pm	4.30 pm	4.30 pm	3.30 pm	1-2	
	1 9	10	8 (5)					KOREA, North	As for China Peking								
P	1 9	10	8 (5)		9	10 0		KOREA, South	3.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	2-4	
	1 0	6	6 (3)		7	5 0		KUWAIT	12.30 pm	3.30 pm	7.30 am	7.30 am	6.0 am	7.30 am	6.0 am	1-2	
P	1 6	9	7 (4)			8 0		LAOS		7.30 am		7.30 am		7.30 am	7.30 am	3-6	
	1 0	6	6 (3)		7	4 0		LEBANON	3.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	6.0 am	1-2	
	1 6	9	7 (4)			7 6		LESOTHO	As for South Africa								
	1 6	9	7 (4)		7	5 6		LIBERIA	6.0 pm	6.0 am	11.0 am	2.0 pm	7.0 pm	9.0 am	2.0 pm	1-2	
LBP	1 0	6	6 (3)			4 0		LIBYA									
								Benghazi and Cyrenaica	3.30 am	5.0 am	5.0 am	6.0 am	5.0 am	5.0 am	6.0 am	6.0 am	1
							Tripoli and remainder	3.30 am	5.0 am	6.0 pm	9.0 am	6.0 am	5.0 am	9.0 am			

* Insurance (except to Ryukyu Islands).

* Except Falkland Islands Dependencies.

† Formerly British Guiana.

† Times of posting changed since previous issue.

Insured services available Letters L Boxes B Parcels P	Letters per 4-oz. or part thereof		Post-cards	Printed papers, Samples, Small packets per 4-oz. (newspaper rates in brackets)	Phono-grams per 4-oz. or part thereof		Air Parcels per lb. or part thereof		To	Times of posting at the boxes in the front of King Edward Building, No. 1, Edward Street, E.C.1 (see also page 1), and approximate times of transit to principal cities.						
	s.	d.			d.	d.	s.	d.			Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.
I B P	1	6	0	7	(4)	8	8	6	MACAO	Not applicable to Air Parcels						
I P	Letter rates as for Europe (see page 6)								MADAGASCAR	As for Hong Kong						2-5
P	1	6	9	7	(4)	8	6	6	MADEIRA	See Malagasy Republic						
I B P	1	6	0	7	(4)	8	8	6	MALAGASY REPUBLIC	3.30 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am						1
P	1	6	9	7	(4)	8	6	6	MALAWI	6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm						3
I B P	1	6	0	7	(4)	8	8	6	MALAYSIA	6.0 pm 6.0 pm 1.15 pm						1-3
P	1	6	9	7	(4)	8	9	0	Malaya	12.30 pm 12.15 pm 3.30 pm 5.30 pm 1.15 pm 2.0 pm 12.15 pm						2-4
P	1	6	9	7	(4)	8	9	0	Sabah	As for Singapore						2-3
	1	6	9	7	(4)	8	9	0	Sarawak	As for Singapore						2-3
	1	6	9	7	(4)	8	5	0	MALDIVES IS.	As for Ceylon						Variabell
	1	9	10	8	(5)	9	11	0	MALI	6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm						3-5
	1	9	10	8	(5)	9	11	0	MARIAN ISLANDS	As for USA, New York						4-6
	1	6	9	7	(4)	8	5	0	MARSHALL ISLANDS	As for USA, New York						6-12
	1	6	9	7	(4)	8	8	0	MAURITANIA	As for Senegal						3
	1	6	9	7	(4)	8	8	0	MAURITIUS	6.0 pm 10.0 am 10.0 am				10.0 am	3.30 pm	1-3
	1	9	10	8	(5)	8	7	0	MEXICO	3.30 am 9.0 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am						3
I B P	1	6	0	7	(4)	8	7	0	MONGOLIA	3.30 am 6.0 am 6.0 am 6.0 am 6.0 am 7.30 am						3-5
	1	0	6	6	(3)	3	6		MONTSERRAT	3.30 am 7.30 am 7.30 am 7.30 am				6.0 am	7.30 am	2-4
	1	0	6	6	(3)	5	0		MOROCCO							
	1	0	6	6	(3)	5	0		Casablanca	3.30 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am 3.30 pm 6.0 am						1-2
	1	0	6	6	(3)	5	0		Tangier	3.30 am 12.15 pm 3.30 pm 12.15 pm 3.30 pm 3.30 pm 7.0 pm						1-2
	1	0	6	6	(3)	5	0		For Ceuta Melilla, Chafarinas and Jadu	See Spanish Territories in North Africa				6.0 am		2-3
	1	0	6	6	(3)	5	0		MUSCAT & OMAN	2.0 pm						2-3
I B P	1	6	0	7	(4)	8	7	0	NAURU ISLAND	As for Australia New South Wales						17-30†
P	1	6	9	7	(4)	8	6	6	NEPAL	12.30 pm 6.0 am 7.30 am 7.30 am 12.15 pm				2.0 pm		2-3
	1	9	10	8	(5)	9	13	0	NETHERLANDS ANTILLES	3.30 am 11.0 am			6.0 am	7.0 pm	6.0 am	2-3
	1	9	10	8	(5)	12	0		NEW CALEDONIA	As for Fiji						4-11
	1	9	10	8	(5)	13	0		NEW GUINEA TERRITORY	As for Australia, New South Wales						3-13
	1	9	10	8	(5)	9	13	0	NEW HEBRIDES (inc. Banks and Torres Is.)	As for Fiji						4-9
	1	9	10	8	(5)	12	6		NEW ZEALAND	12.30 pm 12.15 pm 12.15 pm 12.15 pm 12.15 pm 12.15 pm 12.15 pm						2-6
	1	6	9	7	(4)	8	7	0	NEW ZEALAND ISLAND TERRITORIES	As for Fiji						9-30**
	1	6	9	7	(4)	8	5	6	NICARAGUA	3.30 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am						2-4
	1	6	9	7	(4)	8	5	6	NIGER	6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm						2-5
I B P	1	6	0	7	(4)	8	5	6	NIGERIA	6.0 pm 6.0 am						1-2
P	1	9	10	8	(5)	12	0		NORFOLK ISLAND	6.0 pm 7.0 pm 7.0 pm 7.0 pm 7.0 pm 7.0 pm 7.0 pm 7.0 pm						4-11
	1	6	9	7	(4)	7	0		PAKISTAN, East	As for Australia, New South Wales						
	1	6	9	7	(4)	7	0		PAKISTAN, West	3.30 am 7.30 am 12.15 pm 6.0 am 11.0 am 9.0 am 12.15 pm 12.15 pm						2-3
	1	6	9	7	(4)	8	6	6	PANAMA CANAL ZONE	3.30 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am						1-2
	1	6	9	7	(4)	7	0		PANAMA (Republic of)	3.30 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am 9.0 am						2-4
	1	9	10	8	(5)	12	0		PAPUA	As for Australia, New South Wales						3-6
	1	6	9	7	(4)	8	9	0	PARAGUAY	12.30 pm 11.0 am 2.0 pm 3.30 pm 3.30 pm 3.30 pm 3.30 pm						7-9
	1	6	9	7	(4)	8	6	6	PERU	12.30 pm 11.0 am 2.0 pm 3.30 pm 3.30 pm 3.30 pm 3.30 pm						1-2
	1	9	10	8	(5)	9	9	0	PHILIPPINES	3.30 am 6.0 pm 9.0 am 6.0 am 9.0 am 9.0 am 7.0 pm 9.0 am						1-2
	1	9	10	8	(5)	9	13	0	PITCAIRN ISLAND	3.30 am 2.0 pm 7.30 am 12.15 pm 12.15 pm 7.30 am 2.0 pm						2-4
	1	6	9	7	(4)	8	8	0	PORTUGUESE EAST AFRICA	As for New Zealand						Variable*
	1	9	10	8	(5)	9	16	6	PORTUGUESE TIMOR	3.30 am 4.30 pm 11.30 am 11.0 am 1.15 pm 11.0 am 4.30 pm						1-3
	1	6	9	7	(4)	8	7	0	PORTUGUESE WEST AFRICA	As for Australia, Northern Territory						4-15
	1	6	9	7	(4)	8	7	0	Angola	3.30 am 11.0 am				6.0 am	11.0 am	1-2
	1	6	9	7	(4)	8	7	0	Principe and St. Thome	3.30 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am						3-8
	1	6	9	7	(4)	8	5	6	Portuguese Guinea	3.30 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am 6.0 am						3-8
P	1	6	9	7	(4)	8	6	6	PUERTO RICO	3.30 am 7.30 am 7.30 am 7.30 am 6.0 am 6.0 am 7.30 am						2-3
	1	0	6	6	(3)	5	0		QATAR (Doha and Umm Said)	3.30 am 6.0 am 7.30 am 7.30 am 2.0 pm 2.0 pm 2.0 pm						1-3
	1	6	9	7	(4)	7	0		REUNION	6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm 6.0 pm						4
	1	6	9	7	(4)	8	6	6	RHODESIA	12.30 pm 6.0 pm 1.15 pm 4.30 pm 1.15 pm 1.15 pm 3.30 pm						1-2
	1	6	9	7	(4)	8	6	6	RWANDA	12.30 pm 4.30 pm 4.30 pm 4.30 pm 4.30 pm 4.30 pm 4.30 pm						2-3
	1	6	9	7	(4)	8	6	6	SABAH	See Malaysia						
	1	6	9	7	(4)	8	6	6	ST HELENA	As for South Africa						Variabell
	1	6	9	7	(4)	8	6	6	ST. KITTS-NEVIS	3.30 am 7.30 am 7.30 am 7.30 am				6.0 am	7.30 am	3-4
P	1	6	0	7	(4)	8	6	6	ST. LUCIA	3.30 am 7.30 am 7.30 am 7.30 am 6.0 am 6.0 am 7.30 am						3-4

† Air transmission to Colombo only.

‡ Air transmission to Sydney only.

* Air transmission to Auckland only. Onward transmission is by surface route. The outlets are infrequent and transmission by air may occasionally be slower than the surface route. The Post Office cannot advise on the choice of route.

† Air mail for St. Helena is sent by air to South Africa, but the surface outlets both from South Africa and from the United Kingdom are irregular and the air mail route is therefore occasionally slower than the direct surface route. The Post Office cannot advise on the choice of route.

** Air transmission as far as French Polynesia only.

‡ Tokelau (or Union) Group only: see Post Office Guide.

1 Times of posting changed since previous issue.

Times of posting at the boxes in the front of King Edward Building, King Edward Street, E.C.1 (see also page 1), and approximate times of transit to principal cities.

Number of services available Letters L Boxes B Parcels P	Letters per 1-oz or part thereof	Post-cards	Printed papers, Samples, Small packets per 1-oz. (newsprint rates in brackets)		Phono-post 1-oz. or part thereof	Air Parcels per 1-lb. or part thereof	To	Not applicable to Air Parcels							Days
			d.	d.				Sun.	Mon.	Tues.	Wed.	Thurs.	Fr.	Sat.	
	1 6	9	7	(4)		6 0	ST. PIERRE AND MIQUELON	As for Canada, Montreal							3-11
P	1 6	9	7	(4)	8	6 6	ST. VINCENT	3.30 am	7.30 am	7.30 am	7.30 am	...	7.30 am	7.30 am	2-4
	1 9	10	8	(5)	9	12 6	SAMOA, U.S.A. Terry.	As for Fiji							4-9
							SARAWAK	See Malaysia							
	1 0	6	6	(3)		6 0	SAUDI ARABIA	3.30 am	6.0 am	7.30 am	6.0 am	7.30 am	6.0 am	6.0 am	2-4
							except Al Dammam, Al Khobar, Al Qatif, Dhahran Ras Tanura & Riyadh	12.30 pm	6.0 am	2.0 pm	6.0 am	2.0 pm	2.0 pm	2.0 pm	
	1 6	9	7	(4)		5 6	SENEGAL	6.0 pm	3.30 pm	1.15 pm	6.0 am	1.15 pm	3.30 pm	1.15 pm	
	1 6	9	7	(4)	8	7 0	SEYCHELLES	15th 6.0 pm	...	17th 7.30 am	4th 6.0 pm	28th 3.30 pm	Variable
	1 0	6	6	(3)		5 0	SHARJAH	As for Bahrain							2-4
LP	1 6	9	7	(4)	8	5 6	SIERRA LEONE	6.0 pm	9.0 am	4.30 pm	2.0 pm	...	9.0 am	2.0 pm	1-2
LBP	1 6	9	7	(4)	8	8 6	SINGAPORE	12.30 pm	12.15 pm	2.0 pm	5.30 pm	12.15 pm	6.0 pm	2.0 pm	2
	1 9	10	8	(5)	9	12 6	SOLOMON ISLANDS	As for Fiji							5-9
P	1 6	9	7	(4)	8	6 6	SOMALIA*								1-2
							Hargeisa	12.30 pm	7.30 am	7.30 am	1-2
							Mogadishu	3.30 am	...	10.0 am	7.30 am	10.0 am	1-2
	1 6	9	7	(4)	8	7 0	SOUTH AFRICA	12.30 pm	4.30 pm	4.30 pm	4.30 pm	4.30 pm	4.30 pm	4.30 pm	1-2
	1 6	9	7	(4)		7 6	SOUTH WEST AFRICA	12.30 pm	3.30 pm	3.30 pm	3.30 pm	3.30 pm	3.30 pm	3.30 pm	2-3
LBP	1 0	6	6	(3)	7	5 0	SOUTHERN YEMEN** (Peoples Republic of)	12.30 pm	6.0 am	...	7.30 am	...	7.30 am	7.30 am	1-2
	1 6	9	7	(4)		6 0	SPANISH GUINEA	...	11.0 am	...	11.0 am	1-2
LP	1 0	6	6	(3)		3 6	SPANISH Territories in North Africa	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	2-3
	1 0	6	6	(3)		4 0	SPANISH W. AFRICA	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	4-10
P	1 0	6	6	(3)		5 6	SUDAN	3.30 am	6.0 am	10.0 am	6.0 pm	7.30 am	2.0 pm	7.30 am	1
LBP	1 6	9	7	(4)	8	6 6	SURINAM (Dutch Guiana)	3.30 am	...	1 6.0 am	7.30 am	7.0 pm	6.0 pm	7.30 am	3-4
	1 6	9	7	(4)		7 0	SWAZILAND	As for South Africa							
LBP	1 0	6	6	(3)	7	4 0	SYRIA	3.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	6.0 am	1-3
	1 9	10	8	(5)	9	10 0	TAIWAN	7.30 am	7.30 am	2-3
LBP	1 6	9	7	(4)	8	6 0	TANZANIA	12.30 pm	2.0 pm	12.15 pm	12.15 pm	12.15 pm	...	2.0 pm	
	1 6	9	7	(4)	8	8 0	TIBET	3.30 am	7.30 am	2.0 pm	7.30 am	12.15 pm	7.30 am	2.0 pm	2-3
LP	1 6	9	7	(4)	8	8 0	THAILAND (Siam)	As for India, Calcutta							7-21
	1 6	9	7	(4)		6 6	TIBET	12.30 pm	7.0 pm	7.0 pm	7.0 pm	7.0 pm	7.0 pm	...	1-2
P	1 9	10	8	(5)	9	12 6	TOGO	As for Fiji							2-8
	1 9	10	8	(5)	9	12 6	TONGA	As for Fiji							2-8
	1 0	6	6	(3)	8	6 6	TORTOLA (British Virgin Is.)	3.30 am	7.30 am	6.0 am	7.30 am	6.0 am	6.0 am	7.30 am	3-5
P	1 6	9	7	(4)		7 0	TRINIDAD & TOBAGO	3.30 am	7.30 am	7.30 am	7.30 am	...	7.30 am	7.30 am	1-3
	1 0	6	6	(3)	7	3 0	TUNISIA	6.0 pm	3.30 pm	9.0 am	3.30 pm	6.0 am	1.15 pm	6.0 am	1-2
	1 0	6	6	(3)	8	6 6	TURKS & CAICOS IS.	3.30 am	12.15 pm	2-8
LBP	1 6	9	7	(4)	8	6 0	UGANDA	12.30 pm	3.30 pm	4.30 pm	3.30 pm	6.0 pm	4.30 pm	7.0 pm	1
P	1 0	6	6	(3)	7	4 6	UNITED ARAB REPUBLIC	3.30 am	6.0 am	7.30 am	7.30 am	7.30 am	2.0 pm	7.30 am	1-2
							UNITED STATES OF AMERICA	As for Los Angeles							
P	1 6	9	7	(4)	8	6 0	Hawaii	As for Los Angeles							
P	1 6	9	7	(4)	8	6 0	Alaska	As for Los Angeles							
P	1 6	9	7	(4)	8	6 0	Boston	3.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	7.30 am	1-3
P	1 6	9	7	(4)	8	6 0	Dallas	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	
							Washington	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	
							New York	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	
							Los Angeles	...	11.30 am	11.30 am	11.30 am	11.30 am	11.30 am	11.30 am	
P	1 6	9	7	(4)	8	6 0	Western States	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	1-3
P	1 6	9	7	(4)	8	6 0	Chicago, Philadelphia	3.30 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	6.0 am	
P	1 6	9	7	(4)	8	6 0	Other Parts	3.30 am	11.30 am	11.30 am	11.30 am	11.30 am	11.30 am	11.30 am	
P	1 6	9	7	(4)	8	5 6	UPPER VOLTA	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	6.0 pm	
	1 6	9	7	(4)	8	8 6	URUGUAY	12.30 pm	11.0 am	11.0 am	3.30 pm	3.30 pm	3.30 pm	3.30 pm	2-3
LP	Letter rates as for Europe (see page 6)					6 6	U.S.S.R. (Asia)	3.30 am	6.0 am	6.0 am	6.0 am	7.30 am	6.0 am	6.0 am	Variable
	1 6	9	7	(4)	8	7 6	VENEZUELA	3.30 am	11.0 am	7.30 am	6.0 am	7.0 pm	7.30 am	6.0 am	1-2
	1 6	9	7	(4)		6 0	VIETNAM, North	As for China, Peking							7-11
	1 6	9	7	(4)		9 0	VIETNAM, South	12.30 pm	7.30 am	2.0 pm	7.30 am	...	7.30 am	7.30 am	2-4
P	1 6	9	7	(4)	8	6 6	VIRGIN IS. OF U.S.A.	3.30 am	7.30 am	6.0 am	7.30 am	6.0 am	6.0 am	7.30 am	3-4
	1 9	10	8	(5)	10	0	WAKE ISLAND	As for U.S.A., San Francisco							4-5
	1 9	10	8	(5)	12	6	WESTERN SAMOA	As for Fiji							3-10
	1 0	6	6	(3)			YEMEN	As for Southern Yemen							4-10
	1 6	9	7	(4)	8	7 0	ZAMBIA Livingstone	12.30 pm	6.0 pm	...	2.0 pm	3.30 pm	6.0 pm	6.0 pm	1-2
							Lusaka, Ndola	12.30 pm	6.0 pm	6.0 pm	2.0 pm	3.30 pm	6.0 pm	6.0 pm	
							ZANZIBAR	6.0 pm	6.0 pm	6.0 pm	6.0 pm	4.30 pm	6.0 pm	3.30 pm	1-2

‡ Letters and postcards only; other classes of mail as for "Other Parts".
* formerly Somali Republic, Northern Region, Southern Region.
† Times of posting changed since previous issue.

‡ This weekly despatch contains unregistered letter mail only.
** formerly Aden

Europe

Letter Mail: For Europe there is no special charge for air conveyance. Do not use air mail labels or Air Letter forms. Letters, letter packets and postcards are sent by air whenever this will give earlier delivery.

Other Classes of Mail: There is no air mail service to Europe for other classes of mail. If you want the quickest possible delivery for Printed Papers, Phonopost Packets, Samples and Small Packets you should pay the letter rate or, where appropriate, the postcard rate. Literature for the Blind is sent by air free of postage up to 2 lb.

Newspapers registered at the G.P.O. Rates: First ounce 6d.; each additional ounce 4d. (Gibraltar

or Malta: First ounce 4d.; each additional ounce 1½d. From 16th September: 5d. and 2d. respectively). The items will be sent by air whenever this will give earlier delivery. The covers or wrappers should be marked "Newspaper All-Up Service". Air mail labels should not be used.

Post as early as possible in the day. At London Chief Office, King Edward Street, E.C.1, and Trafalgar Square Branch Office, W.C.2, the latest time of posting (Monday to Friday) for the night despatch to the nearer European countries is 8.30 p.m., but for Belgium it is 9.30 p.m.

Air Parcels go to Europe under the general conditions given on the front page.

H.M. Forces: See the front page.

Letter Mail Rates: First oz. 9d.; each additional oz. 5d.; Postcards 5d. **But to Gibraltar or Malta:** First oz. 4d.; each additional oz. 1½d.; Postcards 3d. (From 16th September, 5d., 2d. and 5d., respectively).

Air Parcel Rates:

To	First lb.	Each additional lb.	To	First lb.	Each additional lb.	To	First lb.	Each additional lb.
	s. d.	s. d.		s. d.	s. d.		s. d.	s. d.
ALBANIA ..	10 0	4 0	GIBRALTAR ..	8 0	3 6	POLAND ..	10 0	3 0
AUSTRIA ..	9 0	3 0	GREECE ..	10 0	5 0	PORTUGAL ..	9 0	4 0
BELGIUM ..	8 0	2 0	HOLLAND ..	(See Netherlands)		RUMANIA ..	10 0	4 6
BULGARIA ..	9 0	5 0	HUNGARY ..	9 0	— 0	SPAIN (inc. Balearic Islands)	10 0	4 0
CORSICA ..	9 0	3 0	ICELAND ..	10 0	4 0	SWEDEN ..	10 0	3 0
CZECHOSLOVAKIA	8 0	3 6	ITALY ..	9 0	3 6	SWITZERLAND ..	8 0	2 6
DENMARK ..	8 0	2 6	LUXEMBOURG ..	8 0	2 0	TURKEY ..	12 0	6 0
FINLAND ..	9 0	5 0	MALTA ..	9 0	4 6	U.S.S.R. (Europe) ..	18 0	7 0
FRANCE ..	9 0	3 0	NETHERLANDS ..	8 0	2 0	YUGOSLAVIA ..	9 0	4 6
GERMANY ..	8 0	3 0	NORWAY ..	9 0	4 0			
(German Federal Republic and Western Sectors of Berlin and †Soviet Zone and †Eastern Sector of Berlin.)								

†These countries do not accept Insured parcels.
 †The Insurance Service does not apply to Gift Parcels.

NEW EDITION POST OFFICE GUIDE JULY, 1968

*Contains particulars of Post Office services and charges.

On sale at Post Offices—
price 2s.6d.

*A free supplement service is available on request—especially valuable to firms using the overseas mail service.